

# Parent Code of Conduct

## Skate Canada Parent Code of Conduct

Skate Canada is committed to ensuring that all skaters have the opportunity to participate in a safe and welcoming environment that is encouraging and promotes their overall development. Parents have an enormous influence on skaters' experiences in the sport. The quality of a skater's experience is determined by their relationships with parents and the manner in which parents conduct themselves in the Skate Canada environment.

In this code "parents" shall refer to "parents and guardians". This code applies to all parents who are members of Skate Canada or have children who are members of Skate Canada. Parents shall abide by this code at all times while participating in any Skate Canada club or school, competition, or activity.

All parents are expected to conduct themselves in a responsible manner consistent with the values of fair play, integrity, open communication and mutual respect

Parents shall always model positive responsible behaviour and communicate with their child that they expect them to do the same. Parents will assume the major responsibility for their child's on ice conduct and attitude.

Parents shall at all times treat all individuals and property with dignity, courtesy and respect, including but not limited to skaters, coaches, officials, volunteers, other parents, and all other individuals that are part of the club, skating school, Section or Skate Canada.

- Parents shall refrain from any behaviour or comments which are profane, insulting, harassing, sexist, racist, abusive, disrespectful or otherwise offensive without hostility or violence.
- Parents shall emphasize the importance of values like sportsmanship, respect, cooperation, competition and teamwork to their child offering praise for competing fairly, participation and skill development.
- Parents shall model and encourage their child to maintain a healthy balance between skating and life. (e.g., school, other activities, social life, etc.)
- Parents shall model and encourage balanced, healthy food choices and subscribing to an active and healthy lifestyle.
- Parents shall set high, but reasonable expectations for their child's participation in skating focusing on development and enjoyment for the child.

- Parents shall instill confidence in their child's ability and skill development, always avoiding comparisons with other skaters.
- Parents shall celebrate the acquisition of skills and goals achieved by their child.
- Parents, along with the professional coach and the athlete, shall be considered members of a team whose main concern is the child's overall progress and development. Parents shall respect that the professional coach is responsible and empowered for the on-ice and off-ice development of the athlete. A parent's role shall be to take a healthy interest in their child's progress and development and be responsible for the child's nutrition, rest, adherence to off-ice training regimen set by the coach or other fitness professional, overall health, life-balance, and moral and emotional support.
- Parents shall ensure their child wears proper skating clothing and equipment.
- Parents shall never provide alcohol or drugs to minors in a Skate Canada environment.
- Parents shall never provide or advocate the use of performance enhancing drugs or substances.
- Parents shall avoid any conduct, which brings their club, skating school, Section or Skate Canada, into disrepute, including but not limited to abusive use of alcohol, non-medical use of drugs and gambling.
- Parents shall openly support and uphold this code of conduct policy and take action and steps to ensure other parents follow and uphold this code of conduct policy.

Parents shall adhere to the policies, procedures, rules, standards, and ethics of Skate Canada at all times.

## NDSC Parent Code of Conduct

Parents/guardians of skaters are responsible for the behavior of their child during all sessions. It is the responsibility of both the parent/guardian AND the skater to ensure they arrive to their session punctually and prepared.

Young skaters and other children MUST NOT be left unattended while at the arena. Skaters age 12 and under must have a parent or appointed guardian/supervisor present at all times. If leaving a child age 13 and over, parents must ensure coaches are aware. It is the responsibility of the parent/guardian to ensure all emergency contact information is correct and up-to-date.

Parents should refrain from being at ice level during training sessions, assessment days, and competition. You are welcome to watch your skater(s) from designated spectator areas (lobby and stands). If your skater requires additional direction on the ice, please bring your concerns to the coaches on the session and they will provide a plan for subsequent sessions.

**Any behaviour that violates the Skate Canada Parent Code of Conduct or the NDSC Parent Code of Conduct will not be tolerated. Failure to comply with the Codes of Conduct by myself, or any member of my family, will result in disciplinary action up to and including revocation of membership.**

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- I, \_\_\_\_\_, confirm that I have reviewed the NDSC Code of Conduct, understand and will adhere to all of the rules and expectations.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_